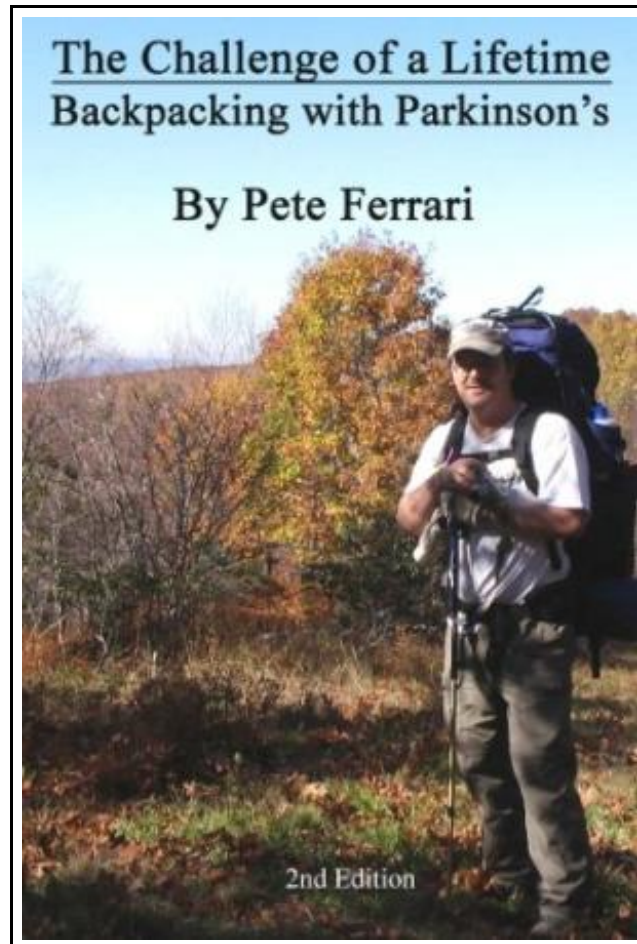


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Createspace, United States, 2012. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.2nd Edition. This is an inspirational story about two wilderness trips in Algonquin Park in Canada, and an 8-day 70-mile backpacking trip on the Laurel Highlands Hiking trail of Pennsylvania. The Author interweaves his Parkinson s experience and the challenges he faced in coping with strenuous conditions. The book would be especially inspiring for newly diagnosed patients, as it is a testimony to challenging oneself to overcome obstacles and lead an active life.



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